

December 12, 2016



**NEWS 2016** - “ [Let's live without plastic](#) ” is a short video to learn key data about our plastic consumption, watch unpublished footage of the rubbish island in the Maldives, and get a smart tip to significantly reduce your waste. “Once you begin to notice how much plastic we use in our every day lives, it is really hard to stop noticing. It’s our responsibility to make a conscious decision every single day in order to prevent harm to our environment. We live on a beautiful planet and it deserves to be protected”, says Alexis. To learn more [click here](#)

*Did you know that 15% of the price of your products covers the cost of packaging? You can save money and do good by your planet by saying no to plastic. For example, when choosing your salad for dinner.*

My name is Alexis, and welcome to my blog! I set up this website hoping to catalogue a challenge I set for myself: to live without creating any plastic waste.

I began by setting myself a two-month challenge in the fall of 2013, and the new lifestyle suddenly became one of the most important things in my life.

The challenge I set for myself seemed impossible at first, but now I can't really see myself going back to the lifestyle I had before this project.

When I was researching alternatives for this project, I realized just how pervasive plastic is in our lives (you never know what you got till it's gone!) and how difficult it is to truly cut it out of your life entirely. This is something we have collectively seem to have forgotten as we use it on every day items that we will soon discard. Once you begin to notice how much plastic we use in our every day lives, it is really hard to stop noticing.

As I've learned more and evolved in this journey, I've started moving more and more towards living a low or zero waste life. That means trying to create a minimal amount of trash – not just plastic, but all kinds. Join me on this journey! Take up some of the information, test it, try out your own ideas, and please comment and ask questions along the way – I love hearing from you!

It's our responsibility to make a conscious decision every single day in order to prevent harm to our environment. We live on a beautiful planet and it deserves to be protected.

[Thanks for reading](#) !

Source: [comboni.org](http://comboni.org), December 12, 2016